

## Lap Band Pre and Post-Surgery

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As someone considering Lap Band surgery, an overweight individual will not only want to locate a Lap Band Doctor who is there to help them during the surgery itself, but also one who will be there with them for the recovery process as they adapt to the lap band device.

It is also important to secure a Lap Band Doctor that is committed to meeting one's needs both prior to and following surgery.

Individuals choosing the lap band route will want to find a Lap Band Doctor who is willing to answer all their questions about weight loss and the variety of surgical treatment options, discuss their expectations, and explain the medical concepts and risks that are related to the surgery.

Finally, an important part to the successful Lap Band procedure is the follow up care.

One's chosen doctor should also make available advice and provide support with diet and exercise in the post-surgery period.

Follow-up care and Lap Band adjustments are a major part of lap band surgery, making it necessary that one can work as a team with their Lap Band Doctor and his or her staff comfortably.